

# HOME VISITING IN LOS ANGELES COUNTY

## SUPERVISORIAL DISTRICT 5 • SUPERVISOR KATHRYN BARGER

Supporting families during pregnancy & early childhood through free and voluntary programs.

### DISTRICT 5 AT A GLANCE



Population: 1,864,514



#### Communities included:

Pasadena, Santa Clarita, Lancaster, Palmdale, Claremont, San Dimas, La Cañada Flintridge\*

### EARLY CHILDHOOD & FAMILY CONTEXT <sup>[1]</sup>



101,251

Median Household Income



8,094

People Experiencing Homelessness



32,267

Children 0-5 below 200% FPL

### PERINATAL & INFANT HEALTH INDICATORS <sup>[2]</sup>



13%

Not receiving  
first trimester  
prenatal care



9.3%

Preterm  
Births



7.5%

Low  
Birthweight  
Births



3.7

Infant  
Deaths  
(per 100,000  
live births)

### WHAT HOME VISITING LOOKS LIKE FOR FAMILIES

Home visiting is a free, voluntary, relationship-based service that pairs families with a trained home visitor—often beginning during pregnancy and continuing through early childhood.

Ways that home visitors help families:

-  **Support** healthy pregnancies, infant care, on-time immunizations, breastfeeding, and safe sleep
-  **Promote** early learning through play, routines, and responsive caregiving
-  **Screen** for and support child development and maternal mental health (including stress and postpartum needs)
-  **Navigate** insurance, public benefits, employment opportunities, and other community resources (like basic needs and other essentials)
-  **Build** confidence, problem-solving skills, and community connections

## WHY HOME VISITING IS VALUABLE

### Home visiting builds trust and stability over time.

It's more than information—it's ongoing relationship-based support and community connections.



Reduces isolation and stress



Helps families access benefits and supports they already qualify for



Aids in the early detection of developmental delays, health issues, and potential risks through a range of screening tools



Strengthens protective factors for families



Strengthens households by addressing challenges early — before they escalate

## HOME VISITING PROGRAMS IN DISTRICT 5

Models at community organizations and hospitals:

- Healthy Families America
- Parents as Teachers
- Nurse-Family Partnership
- Welcome Baby
- Early Head Start (home-based)
- Raising Baby

## Connect Families in Your District to Home Visiting Services



Go to [eDirectory.HomeVisitingLA.org](https://Directory.HomeVisitingLA.org) or scan to access the LA County Home Visiting eDirectory



I think [home visiting] is very beneficial because it shows how our children are doing and it helps us get an understanding in whether they're falling behind or what to focus on to help them reach their milestones. I have twins and when the visit first came, they gave me exercises to do with one of my twins to get them to start standing, which is very beneficial because I was worried. With the home visits, I did get more information on what to do and what to practice with my kids.”

— Child Care Resource Center home visiting client

[1] County of Los Angeles- Poverty Alleviation Initiative (2018-2024)

[2] County of Los Angeles- Community Health Profiles (2022)

**LA Best Babies Network** coordinates and strengthens perinatal and early childhood home visiting services across Los Angeles County by providing training, technical support, data infrastructure, and partnership to hospitals and community organizations so families receive equitable, high-quality care from pregnancy through early childhood.

**The Los Angeles County Perinatal and Early Childhood Home Visitation Consortium** is a collaborative network of 60+ home visiting programs, family and child health organizations, and advocates working together to strengthen home visitation services, share best practices, and support families across Los Angeles County.