

HOME VISITING IN LOS ANGELES COUNTY

SUPERVISORIAL DISTRICT 4 • SUPERVISOR JANICE HAHN

Supporting families during pregnancy & early childhood through free and voluntary programs.

DISTRICT 4 AT A GLANCE



Population: 2,039,414



Communities included:

Long Beach, San Pedro, Wilmington, Lakewood, Bellflower, Carson, Downey*

EARLY CHILDHOOD & FAMILY CONTEXT ^[1,2]



\$88,276

Median Household Income



8,969

People Experiencing Homelessness



46,091

Children 0-5 below 200% FPL

PERINATAL & INFANT HEALTH INDICATORS ^[2]



13%

Not receiving
first trimester
prenatal care



8.9%

Preterm
Births



7.1%

Low
Birthweight
Births



3.9

Infant
Deaths
(per 100,000
live births)

WHAT HOME VISITING LOOKS LIKE FOR FAMILIES

Home visiting is a free, voluntary, relationship-based service that pairs families with a trained home visitor—often beginning during pregnancy and continuing through early childhood.

Ways that home visitors help families:

-  **Support** healthy pregnancies, infant care, on-time immunizations, breastfeeding, and safe sleep
-  **Promote** early learning through play, routines, and responsive caregiving
-  **Screen** for and support child development and maternal mental health (including stress and postpartum needs)
-  **Navigate** insurance, public benefits, employment opportunities, and other community resources (like basic needs and other essentials)
-  **Build** confidence, problem-solving skills, and community connections

WHY HOME VISITING IS VALUABLE

Home visiting builds trust and stability over time.

It's more than information—it's ongoing relationship-based support and community connections.



Reduces isolation and stress



Helps families access benefits and supports they already qualify for



Aids in the early detection of developmental delays, health issues, and potential risks through a range of screening tools



Strengthens protective factors for families



Strengthens households by addressing challenges early – before they escalate

HOME VISITING PROGRAMS IN DISTRICT 4

Models at community organizations and hospitals:

- Healthy Families America
- Parents as Teachers
- Nurse-Family Partnership
- Welcome Baby
- Early Head Start (home-based)
- Raising Baby

Connect Families in Your District to Home Visiting Services



Go to eDirectory.HomeVisitingLA.org or scan to access the LA County Home Visiting eDirectory



I first became a father when I was 15 years old. At that time, I was very young and didn't know how to give love. The Welcome Baby program taught me how to be a better dad now with my little girl. I highly recommend it.”

— St. Mary Medical Center home visiting client

[1] County of Los Angeles- Poverty Alleviation Initiative (2018-2024)
[2] County of Los Angeles- Community Health Profiles (2022)

LA Best Babies Network coordinates and strengthens perinatal and early childhood home visiting services across Los Angeles County by providing training, technical support, data infrastructure, and partnership to hospitals and community organizations so families receive equitable, high-quality care from pregnancy through early childhood.

The Los Angeles County Perinatal and Early Childhood Home Visitation Consortium is a collaborative network of 60+ home visiting programs, family and child health organizations, and advocates working together to strengthen home visitation services, share best practices, and support families across Los Angeles County.