

HOME VISITING IN LOS ANGELES COUNTY

SUPERVISORIAL DISTRICT 2 • SUPERVISOR HOLLY J. MITCHELL

Supporting families during pregnancy & early childhood through free and voluntary programs.

DISTRICT 2 AT A GLANCE



Population: 1,957,457



Communities included:

South LA, Compton, Inglewood, Watts, Baldwin Hills, Lynnwood, Florence-Firestone*

EARLY CHILDHOOD & FAMILY CONTEXT ^[1,2]



\$77,179

Median Household Income



19,536

People Experiencing Homelessness



64,726

Children 0-5 below 200% FPL

PERINATAL & INFANT HEALTH INDICATORS ^[2]



16%

Not receiving first trimester prenatal care



9.8%

Preterm Births



7.9%

Low Birthweight Births



4.3

Infant Deaths (per 100,000 live births)



15.3

Maternal Deaths (per 100,000 births)

WHAT HOME VISITING LOOKS LIKE FOR FAMILIES

Home visiting is a free, voluntary, relationship-based service that pairs families with a trained home visitor—often beginning during pregnancy and continuing through early childhood.

Ways that home visitors help families:

-  **Support** healthy pregnancies, infant care, on-time immunizations, breastfeeding, and safe sleep
-  **Promote** early learning through play, routines, and responsive caregiving
-  **Screen** for and support child development and maternal mental health (including stress and postpartum needs)
-  **Navigate** insurance, public benefits, employment opportunities, and other community resources (like basic needs and other essentials)
-  **Build** confidence, problem-solving skills, and community connections

WHY HOME VISITING IS VALUABLE

Home visiting builds trust and stability over time.

It's more than information—it's ongoing relationship-based support and community connections.



Reduces isolation and stress



Helps families access benefits and supports they already qualify for



Aids in the early detection of developmental delays, health issues, and potential risks through a range of screening tools



Strengthens protective factors for families



Strengthens households by addressing challenges early – before they escalate

HOME VISITING PROGRAMS IN DISTRICT 2

Models at community organizations and hospitals:

- Healthy Families America
- Parents as Teachers
- Nurse-Family Partnership
- Welcome Baby
- Early Head Start (home-based)
- Raising Baby

Connect Families in Your District to Home Visiting Services



Go to [eDirectory.HomeVisitingLA.org](https://Directory.HomeVisitingLA.org) or scan to access the LA County Home Visiting eDirectory



I was in an abusive relationship, but I always put on a happy face. Then one time, the abuse started to get worse and I remember breaking down and crying and she helped me by taking me to the hospital. Then I opened to her and told her what was truly going on in my home. Here she was coming to visit me every day, not knowing how much it meant for her to just enter my home, and I just felt safe.”

– Lundquist Institute – South L.A. Health Projects home visiting client

[1] County of Los Angeles- Poverty Alleviation Initiative (2018-2024)
[2] County of Los Angeles- Community Health Profiles (2022)

LA Best Babies Network coordinates and strengthens perinatal and early childhood home visiting services across Los Angeles County by providing training, technical support, data infrastructure, and partnership to hospitals and community organizations so families receive equitable, high-quality care from pregnancy through early childhood.

The Los Angeles County Perinatal and Early Childhood Home Visitation Consortium is a collaborative network of 60+ home visiting programs, family and child health organizations, and advocates working together to strengthen home visitation services, share best practices, and support families across Los Angeles County.