

# HOME VISITING IN LOS ANGELES COUNTY

## SUPERVISORIAL DISTRICT 1 • SUPERVISOR HILDA L. SOLIS

Supporting families during pregnancy & early childhood through free and voluntary programs.

### DISTRICT 1 AT A GLANCE



**Population: 1,925,936**



#### Communities included:

Boyle Heights, East LA, El Monte, Pomona, Hacienda Heights, El Sereno, Baldwin Park\*

### EARLY CHILDHOOD & FAMILY CONTEXT <sup>[1,2]</sup>



**\$78,633**

Median Household Income



**19,060**

People Experiencing Homelessness



**46,331**

Children 0-5 below 200% FPL

### PERINATAL & INFANT HEALTH INDICATORS <sup>[2]</sup>



**16%**

Not receiving first trimester prenatal care



**9.2%**

Preterm Births



**7.3%**

Low Birthweight Births



**4.2**

Infant Deaths (per 100,000 live births)



**11**

Maternal Deaths (per 100,000 births)

### WHAT HOME VISITING LOOKS LIKE FOR FAMILIES

Home visiting is a free, voluntary, relationship-based service that pairs families with a trained home visitor—often beginning during pregnancy and continuing through early childhood.

Ways that home visitors help families:

-  **Support** healthy pregnancies, infant care, on-time immunizations, breastfeeding, and safe sleep
-  **Promote** early learning through play, routines, and responsive caregiving
-  **Screen** for and support child development and maternal mental health (including stress and postpartum needs)
-  **Navigate** insurance, public benefits, employment opportunities, and other community resources (like basic needs and other essentials)
-  **Build** confidence, problem-solving skills, and community connections

## WHY HOME VISITING IS VALUABLE

### Home visiting builds trust and stability over time.

It's more than information—it's ongoing relationship-based support and community connections.



Reduces isolation and stress



Helps families access benefits and supports they already qualify for



Aids in the early detection of developmental delays, health issues, and potential risks through a range of screening tools



Strengthens protective factors for families



Strengthens households by addressing challenges early – before they escalate

### HOME VISITING PROGRAMS IN DISTRICT 1

Models at community organizations and hospitals:

- Healthy Families America
- Parents as Teachers
- Nurse-Family Partnership
- Welcome Baby
- Early Head Start (home-based)
- Raising Baby

### Connect Families in Your District to Home Visiting Services



Go to [eDirectory.HomeVisitingLA.org](https://eDirectory.HomeVisitingLA.org) or scan to access the LA County Home Visiting eDirectory



Coming home alone with a baby, without my husband or family, Welcome Baby was a lifeline for us. We had people who knew what they were doing available to answer any questions that I had, and just checking up on us.”

— Maternal and Child Health Access home visiting client

[1] [County of Los Angeles- Poverty Alleviation Initiative](#) (2018-2024)  
[2] [County of Los Angeles- Community Health Profiles](#) (2022)

**LA Best Babies Network** coordinates and strengthens perinatal and early childhood home visiting services across Los Angeles County by providing training, technical support, data infrastructure, and partnership to hospitals and community organizations so families receive equitable, high-quality care from pregnancy through early childhood.

**The Los Angeles County Perinatal and Early Childhood Home Visitation Consortium** is a collaborative network of 60+ home visiting programs, family and child health organizations, and advocates working together to strengthen home visitation services, share best practices, and support families across Los Angeles County.